



## **ABBREVIATED RULES FOR HAND OUTS**

### **Eligibility:**

- Cooks must be at least 7 years of age and no older than 17 on the date of the event.
- Cooks must be able to trim, season, cook and present their steaks entirely unassisted.
- Cooks must be able to supply their own:
  - Preparation table no larger than 4'
  - Seasonings and cooking utensils
  - Food Gloves
  - Grill

### **General Rules:**

1. Cook entrants will be divided into two groups:
  - a. Junior Division: 7-12 years of age
  - b. Senior Division: 13-17 years of age
2. All cooking will be done in the designated cooking area.
3. Parents may help cooks set up their stations; however, they must leave the designated cooking area once their cook has picked their steaks.
4. Parents may re-enter the cooking area only after ALL contestants have turned in their steaks for judging.
5. No coaching or assistance of any kind will be permitted from outside the designated cooking area.
6. There will be one JPA Ambassador for every 2 cooks whenever possible.
7. Cooks may only address the JPA Ambassadors with questions.
8. JPA ambassadors will assist contestants with their fire, if needed, and will continue to monitor the fires throughout the event.
9. Cell Phones in the cooking area are prohibited.

